

Shannon Meadows
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Shannon Meadows was elected President-Elect of the APhA - ASP in 2000. She used her year as president-designate to effectively plan her year as CEO. Her organization goals included increasing membership and increasing participation in activities by all members. A large number of these activities involved promoting healthy lifestyle choices among the student body and the university community-at-large. These activities included: (1) the “Pharm.D. Fitness” program which rewards (with a T-shirt) scheduled exercise for individual students and faculty; (2) our annual University-side Health Fair which included screening (e.g. blood glucose; blood pressure; bone density; sun skin damage, etc.) for disease symptoms among the students, faculty, and university employees; (3) “Operation Immunization”, a national APhA-ASP initiative, to promote immunizations among at-risk populations; and (4) Poison Prevention Week activities centered in a local elementary school. Shannon’s leadership enhanced the effectiveness of each of these public health efforts.

In addition, Shannon pursued goals of her own. She was selected as a USPHS-Jr. COSTEP summer intern for 2001. She traveled to Whitewater, Arizona where she spent three months on an Apache Indian Reservation providing pharmaceutical care services to the Native American community. She claims, “I absolutely LOVED my experience with the USPHS.” The responsibilities of patient counseling, health promotion communication (e.g. newsletter article, and radio talk show commentary), and disease prevention activities fulfilled her personal goals of public service. She continues to effectively promote this USPHS internship program among the student body.